2018 Lung Cancer Wellness Retreat
September 21 – 23, Raleigh/Durham

Reclaim your best-self and feel rejuvenated!
Come share your experience with other lung cancer survivors while enjoying the beauty of nature

IS THIS RETREAT FOR ME: YES!
Especially if you are interested in exploring and learning ways to better manage your energy and connect with others on this healing journey.

Host Cheryl Lecroy will lead you to wellness through healing arts, movement, mindfulness, and laughter with special guests: Greg Whitt (Drumming) Mike Gentile (Tai Chi) Shirley Ballantyne (Healing Touch).

WHAT YOU NEED TO KNOW
• There is NO charge
• Location TBD in Raleigh/Durham
• Open to lung cancer survivors from North Carolina
• Hotel lodging available, if needed
• Our Sunday send-off will culminate at the Raleigh Lunge Forward event where survivors can join the 5K or 1-mile survivor walk

LUNG CANCER INITIATIVE of North Carolina
A NETWORK OF HOPE AND ACTION

No charge for this retreat thanks to the wonderful access grant from the Lung Cancer Initiative of North Carolina.

Space is Limited…..Register today at www.windriverservices.org/lungcancerretreat.html

“Lung cancer is a diagnosis that may be a chapter in our book, but it does not have to be the title of our book. In day to day living, tools are needed to stay positive in order to live life with authenticity and joy. Wind River retreats are designed to help those who are interested in ways to better manage their energy, open their hearts and connect with others who are dealing with similar issues.”

— Cheryl Lecroy